



Preschool Lunch Menu

SEPTEMBER 2026

All menu items are subject to change.

W.G. = whole grain

Milk guidance

Whole milk served
to 12-24 months

1% milk served
to 24 months
and older

Labor Day

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
W.G. Chicken Tenders BBQ Sauce Green Beans Red Apple Milk 31 VEG: Cheese sandwich	Sliced Chicken Alfredo with W.G. Penne Pasta Mixed Green Salad with French Dressing Slice of French Bread Diced Pears Milk 1 VEG: W.G. pasta marinara	BBQ Meatballs Garlic Mashed Potatoes Banana Slice of W.G. Bread Milk 2 VEG: Brown rice + beans	Chicken Wild Rice Hot Dish Sliced Cucumbers with Ranch Dip Diced Peaches Slice of W.G. Bread Milk 3 VEG: Vegetable rice soup	W.G. Soft Chicken Taco Lettuce + Cheese Taco Sauce Seasoned Corn Orange Milk 4 VEG: Bean taco
7	W.G. Chicken Nuggets BBQ Sauce Green Beans Red Apple Milk 8 VEG: Cheese sandwich	W.G. Lasagna Hot Dish with Beef and Cheese Mixed Green Salad with Creamy Italian Dressing Banana Slice of French Bread Milk 9 VEG: W.G. pasta marinara	Chicken Breast on a W.G. Burger Bun Slice of White Cheese BBQ Sauce Seasoned Corn Diced Peaches Milk 10 VEG: Vegetable patty on a W.G. bun	Chicken and Rice Soup Sliced Cucumbers with Ranch Dip Fresh Orange Slice of W.G. Bread Milk 11 VEG: Vegetable rice soup
Sloppy Joe on a W.G. Burger Bun Baby Carrots with Ranch Dip Red Apple Milk 14 VEG: Cheese sandwich	Beef Stroganoff with W.G. Penne Pasta Mixed Green Salad with French Dressing Diced Pears Slice of French Bread Milk 15 VEG: W.G. pasta marinara	Sliced Chicken in a Chicken Gravy Mashed Potatoes Banana Slice of W.G. Bread Milk 16 VEG: Brown rice + beans	Italian Meatballs with Shredded Cheese Sliced Cucumbers with Ranch Dip Diced Peaches Slice of W.G. Bread Milk 17 VEG: Italian beans on W.G. bread	Cheese Burger on a W.G. Burger Bun Ketchup Seasoned Corn Fresh Orange Milk 18 VEG: Vegetable patty on a W.G. bun
BBQ Chicken on a W.G. Burger Bun Baby Carrots with Ranch Dip Pineapple Tidbits Milk 21 VEG: Vegetable patty on a W.G. bun	W.G. Soft Beef Taco Lettuce + Cheese Taco Sauce Green Beans Banana Milk 22 VEG: Bean taco	W.G. Pizza Hot Dish with Beef and Cheese Mixed Green Salad with Creamy Italian Dressing Diced Pears Slice of French Bread Milk 23 VEG: W.G. pasta marinara	Swedish Meatballs Mashed Potatoes Fresh Orange Slice of W.G. Bread Milk 24 VEG: Cheese sandwich	Chicken Chili with Brown Rice and Beans Fresh Broccoli with Ranch Dip Diced Peaches Slice of W.G. Bread Milk 25 VEG: Bean chili
W.G. Chicken Tenders BBQ Sauce Green Beans Red Apple Milk 28 VEG: Cheese sandwich	W.G. Pasta and Cheese with Sliced Chicken Mixed Green Salad with French Dressing Diced Pears Slice of French Bread Milk 29 VEG: W.G. pasta marinara	Salisbury Steak in a Beef Gravy Mashed Potatoes Banana Slice of W.G. Bread Milk 30 VEG: Brown rice with cheese		